

SWIM-A-THON

May 16, 2024

NOTE: Swim team practices will be adjusted to accommodate the Swim-a-Thon. Please see below.

On Thursday, May 16th, our swimmers will complete as many laps as possible in the designated amount of time for their age group (see below) and attempt to exceed their personal goals.

- 6 and under will swim for 30 minutes
- 7/8s will swim for 40 minutes
- 9-10s will swim for 50 minutes
- 11 and up will swim for 1 hour

6 & Under Blue & Green Group: 4:00 – 4:30pm

7-8's Blue Group: 4:35 - 5:15pm

7-8's Green Group: 5:20 - 6:00pm

9-10's: 6:05 - 6:55pm

11 & Ups: 7:00 - 8:00pm